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UNIVERSITÄT  
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Department of Political Science, South Asia Institute  
Lecture Series on Governance and Politics in South Asia

# Embracing Agroecology: Navdanya's Path to Sustainable Food Systems

by Aparajita Amita Mathew

Social Anthropologist working at Navdanya

In a world confronted with the challenges of climate change, biodiversity loss, and food insecurity, the imperative for sustainable agricultural practices has never been clearer. Regenerative Agroecology emerges as a compelling way forward, offering a holistic approach that harmonizes ecological principles with sustainable agricultural production. Central to this discussion is the exemplary work of Navdanya, a pioneering movement led by Dr. Vandana Shiva. Through its advocacy, research, and on-the-ground initiatives, Navdanya showcases the transformative power of collaborative action. Drawing on real-world examples and evidence, this talk underscores the urgent need to shift towards regenerative biodiverse-based agriculture.

Aparajita Amita Mathew is a post graduate of the School of Oriental and African Studies (SOAS) and ISDM and has over five years of experience working in India's ecological development sector for organizations like Development Alternatives and Wildlife SOS. Currently, she works at Navdanya to protect indigenous ecosystems and promote organic farming.



**Monday, 15th April, 2024**



**02:15 pm – 03:45 pm, CET**



**CATS, Building 4130, Great Lecture Hall,  
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